

Morton Plant Hospital
*A Division of Morton Plant Hospital
Association, Inc.*
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Grief *Matters* Programming

Summer
2024



Grief Matters Forum Series

This online educational series addresses topics that are central to the experience of grief. Each presentation provides resources for those who are grieving and for those who want to be of support.

Understanding Grief: An Introduction

Tuesday, June 4, 6:30pm

Wednesday, June 5, 12pm

Love and Loss: Sorting Through the Feelings

Tuesday, June 11, 6:30pm

Wednesday, June 12, 12pm

What Helps? Finding and Providing Support

Tuesday, June 18, 6:30pm

Wednesday, June 19, 12pm

The Ripple Effect: Exploring Secondary Losses

Tuesday, June 25, 6:30pm

Wednesday, June 26, 12pm

Monthly Conversations About Grief

The *Grief Matters* team invites you to take part in free online monthly conversations about special topics related to grief.

Myths About Grief: Things We Have Been Told

Our conversation will dispel some of the myths about grief.

We'll look at the reality of what our experiences teach us.

Thursday, May 16, 12pm

Pet Loss: Honoring the Experience

Pets are family to those who mourn their deaths. Find space to validate your experience of grief when your family pet dies.

Thursday, June 20, 12pm

Navigating Special Days: Birthdays, Anniversaries and More

Special days following a loved one's death can be challenging to navigate. Explore ways to honor and remember your loved one and care for yourself as special days approach.

Thursday, July 18, 12pm



*"Grief never ends.
But it changes. It's a passage,
not a place to stay. Grief is
not a sign of weakness,
nor a lack of faith.
It is the price of love."*

~ Donna vanLiere



To Register for Grief Matters Programs

All programs are offered online using Microsoft Teams and are one hour long. Technical support and orientation will be provided. To register, email bereavement@baycare.org or scan this code:



BayCare team members can register in the Online Learning Center. Search for "Grief Matters."

For more information: (727) 462-7995

These free bereavement programs are open to all and are made possible by a generous grant from Morton Plant Mease Health Care Foundation.